



## Outdoor climbing courses and climbing trips with HiFive



### *Programme 2024*





## Our outdoor offer at a glance

Learn the basics and improve your skills while being accompanied by professionals.

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Manderscheid, Eifel (DE)

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Book your climbing course today and experience the exciting fusion of safety, state-of-the-art know-how, experience, new adventures and nature with HiFive.

Registration and further questions via **info@hifive.lu**.

If the dates here do not suit you, if you have your own group or want to go to other areas, you can also request further dates by email.



## Via Ferrata

Whether you are still at the beginning of via ferrata climbing or have already gained some experience - the Manderscheid via ferrata offers something for everyone.

On our day trip to the Manderscheid via ferrata, known as the best non-alpine via ferrata, we cross the unique landscape of the Volcanic Eifel on three exciting stages and climb the imposing cliffs of Manderscheid castle.

We are here to provide you with the knowledge you need to tackle the via ferrata and guide you safely through this exciting terrain.

**Dates:** 28.5. // 30.5. // 20.6. // 16.7. // 18.7. // 25.7 // 1.8.

**Where:** Manderscheid, Eifel (DE)

Meeting point is at the parking lot Burgenblick (Grafenstraße 18, 54531 Manderscheid / Eifel) at 08h30. Contact us if in need of carpooling.

**Price:** 120 € per person. Included is:

- Guiding and coaching on site
- Via ferrata set, helmet (participants must bring their own harness)

**No. of participants:** 3 to 6

**Minimum requirements:**

- Minimum height: 1.4 m
- Good physical fitness
- Climbing experience is an advantage

Registration and questions via [info@hifive.lu](mailto:info@hifive.lu)





## Bouldering



Fontainebleau is ideal for a weekend trip. Not only the proximity to Luxembourg, just under 4 hours of driving, makes the area attractive, but also the unmistakable landscape and the seemingly endless number of boulder problems make Fontainebleau a popular destination for climbers of all levels.

Together we will train our strength, mental power and technical skills on boulder problems. Whether we are improving our foot technique on slabs, pushing our fingertips on slopers, or simply wandering through some of the fantastically beautiful areas, Fontainebleau has something for everyone.

**Dates:** 25.-26.5 // 10.-11.8. // 17.-18.8. // 24.-25.8. // 31.8-01.09.

**Where:** Fontainebleau (FR)

**Price:** 498 € per person. Included is:

- Transportation
- Accommodation
- Guiding and coaching on site
- Boulder mats

**No. of participants:** 6 to 10

**Minimum requirements:**

- Some climbing experience is an advantage

Registration and questions via [info@hifive.lu](mailto:info@hifive.lu)



## Sport climbing

Still a beginner or already an experienced sport climber? The crags in Berdorf, Audun-le-Tiche, Freyr, Ettringen or the Palatinate (Pfalz) offer something for everyone.

The day trips can be individually adapted to each group. We are there to provide you with the necessary knowledge and to accompany you on your first steps on the rock.

For the more experienced climbers among you, we will help you to find your next project. We also support you in projecting your new routes and improving your technique on the rock.

### Dates:

**Beginners** 23.6. (Audun-le-Tiche) // 8.8. (Berdorf)

**Advanced** 15.8. (Freyr) // 5.9. (Ettringen)

Meeting point depends on the area and will be communicated by email after registration. Contact us if in need of carpooling.

**Price: 120 €** per person. Included is:

- Guiding and coaching on site
- Material, such as ropes and quickdraws, can be provided if required

**No. of participants:** 4 to 10

### Minimum requirements:

- Safe and independent belaying

We try to put the groups together in such a way that climbers of similar strength are grouped together.

Registration and questions via [info@hifive.lu](mailto:info@hifive.lu)







## Introduction to multi-pitch climbing

Are the individual pitches of sport climbing not enough for you and do you want to go to even more dizzying heights? Then multi-pitch climbing is the right thing for you.

We are here to teach you the necessary knowledge for multi-pitch climbing and to accompany you on your first multi-pitches.

Do you already have experience on multi-pitch routes? No problem, we will help you to bring your techniques up-to-date and accompany you on your next adventure.

**Dates:** 29.06. // // 22.8. // 29.8.

**Where:** Freyr (BE)

Contact us if in need of carpooling.

**Price:** 180 € per person. Included is:

- Guiding and coaching on site
- Material, such as ropes and quickdraws, can be provided if required

**No. of participants:** 2 to 4 (6 if participants are experienced enough)

**Minimum requirements:**

- Experience in belaying and lead climbing on rock.

Registration and questions via [info@hifive.lu](mailto:info@hifive.lu)

## Climbing with natural protection

No limits, the opportunity to climb anywhere without having to rely on prepared routes? Climbing with natural protection is a variant of sport climbing in which you only use mobile protection to avoid leaving permanent marks on the rock.

We are here to provide you with the necessary knowledge for climbing with natural protection. We teach the best practices, in a safe environment, step by step, according to the state of the art knowledge.

**Dates:** 06.08. // 13.08. // 20.08. // 27.08. // 03.09.

**Where:** Pfalz (DE) or Ettringen (DE)

Contact us if in need of carpooling.

**Price:** 180 € per person. Included is:

- Guiding and coaching on site
- Material, such as ropes and quickdraws, can be provided if required

**No. of participants:** 2 to 6

**Minimum requirements:**

- Experience in belaying and lead climbing on rock.

Registration and questions via [info@hifive.lu](mailto:info@hifive.lu)

